

## AMENDMENTS TO THE SPECIFICATION

On page 9, please replace the paragraph extending from line 1 to line 11 as follows:

The helmet 21 may be provided with adjustment means 23 to alter the configuration of the helmet 21, such as in size, shape and comfort. For example, the adjustment means 23 may comprise a generally vertical slit 24 extending completely through one or both sides of the helmet 21, with closure means 25 provided to secure the two ends 26 of the helmet 21 in a fixed relationship. The closure means 25 may comprise for example a hook and loop type fastener 27 threaded through a buckle 28, where the buckle 28 is mounted on one end 26 and the hook and loop type fastener is affixed to the other end 26. The closure means 25 may comprise other equivalent mechanisms, such as apertured straps, mechanical clasps, threaded bolts, or the like. Furthermore, adjustment means 23 may comprise internally disposed members such as a compressible liner 29, as shown in Figure 2, or as shown in Figure 4 [[5]], inflatable bladders 31 or shaping members 32 made of a relatively dense material.